## <u>CLAIMS</u>

## What is claimed is:

1. A method for immobilizing a target with a stimulus signal coupled to the target via electrodes; the method comprising:

a step for providing the stimulus signal in accordance with a strike stage; a step for providing the stimulus signal in accordance with a hold stage; and a step for providing the stimulus signal in accordance with a rest stage.

## 2. The method of claim 1 wherein:

the stimulus signal during the strike stage comprises a first repetition rate; and the stimulus signal during the hold stage comprises a second repetition rate less than the first repetition rate.

3. The method of claim 1 wherein:

the stimulus signal during the strike stage comprises a first pulse that delivers a first charge to the target; and

the stimulus signal during the hold stage comprises a second pulse that delivers a second charge to the target less than the first charge.

- 4. The method of claim 1 wherein the stimulus signal during the strike stage has a peak voltage less than an ionization potential.
- 5. The method of claim 1 further comprising a step for conditionally providing a path formation stage, wherein the stimulus signal is provided in accordance with whether the path formation stage preceded the strike stage.
- 6. The method of claim 1 wherein the step of providing the stimulus signal in a strike stage comprises a step for providing a series of pulses having a pulse repetition rate in a range of about 5 pulses per second to about 50 pulses per second, and providing at least one pulse of the series at a peak voltage less than an ionization potential to

deliver a charge in a range of about 20 microcoulombs to about 1355 microcoulombs.

- 7. The method of claim 6 wherein each pulse delivers a charge in a range of about 50 to 150 microcoulombs.
- 8. The method of claim 6 further comprising a step for reversing the polarity of consecutive pulses in the series.

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- 9. A circuit for immobilizing a target, the circuit comprising:
  - a charge storage circuit; and
- a processor circuit that obtains a first value corresponding to an initial charge stored in the charge storage circuit, couples the charge storage circuit to the target for discharging the charge storage circuit and delivering a charge into the target, obtains a second value corresponding to a current quantity of charge stored in the charge storage circuit, and limits discharging after delivery of a predetermined charge is indicated in accordance with the first value and the second value.
- 10. The circuit of claim 9 wherein the predetermined charge is in a range of about 20 to 1355 microcoulombs.
- 11. The circuit of claim 9 wherein the predetermined charge is in a range of about 50 to 150 microcoulombs.
- 12. A projectile comprising the circuit of claim 9.
- 13. A system for immobilizing a target, the system comprising a launch device and a projectile comprising the circuit of claim 12.
- 14. A circuit for immobilizing a target, the circuit comprising:
  - a charge storage circuit; and
- a processor circuit that couples the charge storage circuit to the target to discharge the stored charge through the target via a series of pulses for continuous muscle contraction, each pulse of the series having a peak voltage magnitude less than about 500 volts, each pulse completed after a voltage monitored by the processor circuit crosses a threshold voltage magnitude, the threshold voltage magnitude being in accordance with delivery of a predetermined charge in a period of time ranging from about 20 to about 500 microseconds, the repetition rate of the series of pulses ranging from about 50 pulses per second.
- 15. The circuit of claim 9 wherein the predetermined charge is in a range of about 20 to 500 microcoulombs.
- 16. The circuit of claim 9 wherein the predetermined charge is in a range of about 50 to 150 microcoulombs.
- 17. A projectile comprising the circuit of claim 14.
- 18. A system for immobilizing a target, the system comprising a launch device and a projectile comprising the circuit of claim 17.